

Synapse Libate & Learn: Doctors on the Current Healthcare Reality

04.07.2020

Key Take Aways

- **Make/Donate Masks**
 - Facebook Group: Masks for Medical Workers in Tampa Bay
 - AmRoc is 3D Printing face shields and needs more resources - check them out if you can help: <https://amroctampabay.com/> - they need donations of materials, 3D printers or money
- **Mental Health Support:**
 - Florida Blue has a toll-free, 24/7 bilingual emotional support helpline that connects you with specially trained counselors. It's open to anyone in Florida for free - even if uninsured or insured by another plan - by calling 833-848-1762.
 - FREE coaching and counseling for healthcare workers under stress www.ctileadership.com
- **Resources for healthcare professionals**
 - Medical Virtual Assistant to help healthcare professionals with documentation: www.virtualhealth.us
 - [Tytocare](#) Tyto is a handheld exam kit and app that lets you perform guided medical exams with a healthcare provider, anytime, anywhere. With Tyto, you can receive a diagnosis, a treatment plan, and a prescription if needed, all from the comfort of home.

Thank you to our panelists!

Dr. Kelli Tice Wells, Senior Medical Director of Medical Affairs, Florida Blue

Dr. Paula Nanda, Chief Medical Officer, FastTrack Urgent Care powered by Tampa General Hospital

Dr. Rachel Rapkin, OB/GYN, USF Health